

L.I.F.E. Association is a not-for-profit, members only association that provides the most up to date information available to Empower Members to make Informed Choices to positively impact their day-to-day lives.

**Your My LIFE Senior Plus Membership gives you access to:**

**Alternative Health & Wellness**

ChooseHealthy™ Program provides a 25% discount off regular fees, and access to a wide variety of credentialed specialty health care practitioners.

**Active & Fit**

With Active & Fit Direct program, you can choose from 11,000+ participating fitness centers and select YMCAs nationwide, 2,500+ on demand workout videos, healthy living coaching, activity tracking and much more.

**Dental**

Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings, and major work such as dentures, root canals and crowns through one of the largest dental networks nationally with a focus on neighborhood dentists.

**Diabetic Supplies**

Better Living Now, Inc. (BLN) is a managed care provider of health care products and services, specializing in the needs of patients with chronic conditions. BLN brings these values to the member: Free shipping and choice of free gift with first order, Durable Medical Equipment at 20% - 30% off retail price, Disposable Medical Supplies – 20% to 40% off retail price.

**Direct Labs**

A simple inexpensive blood test could save your life. Serious medical conditions such as heart disease, prostate cancer, diabetes, thyroid disease and more can go undetected for up to two years without noticeable symptoms. The earlier a problem is detected, the easier and more likely it is to be treatable. You now have direct access to the major clinical labs across the USA for those important blood tests at a special group rate price. You do not need a prescription from your doctor, a Direct Labs physician will provide one for you.

**Foot & Ankle Care**

Members have access to Healthcare Network of America's podiatry services, and can receive a 50% discount on the provider's fee for the initial exam and 20% discount on the provider's normal fee for all other services.

**Hearing**

Save 40% on diagnostic services, including hearing exams, at over 3,800 provider locations nationwide.

**LASIK (Vision Correction Surgery)**

Members will receive savings of 40% to 50% off the overall national average cost for Traditional LASIK surgery through QualSight. Members can receive significant savings on newer procedures like Custom Bladeless (all laser) LASIK. The QualSight program is not an insured program.

**Quarterly eHealth Newsletter**

Delivered via email each quarter our newsletter features information on keeping your entire family Healthy, Wealthy and Wise.

**Telemedicine**

Teled for LIFE™ is a modern, easy-to-use telemedicine solution for non-emergency illnesses and general care. You and your family have direct access to state-licensed and fully credentialed doctors, via phone or video consultations, to receive treatment and advice for common ailments, including colds, the flu, rashes and more. Doctors are available 24 hours a day, 365 days a year allowing you and your family convenient access to quality care from home, work or on the go.

**Vision**

Members save 20% to 40% off the retail price of eyewear with the EyeMed Vision Care access Plan D discount program through the Access Network. Members are eligible for discount eye exams, eyeglasses, and contact lenses from more than 90,000 providers nationwide.

For Questions Regarding Your LIFE Association Benefits please call 800-557-5024



Empowered Members,  
Informed Choices

Work/Life  
Balance

Wellness

Health  
Services

Financial  
Security

Community  
Outreach